



## POSITION DESCRIPTION

<b>Date</b>	May 2022
<b>Position Title</b>	Art Therapist
<b>Division</b>	Mental Health
<b>Reports to</b>	Wellness and Recovery Coordinator – Bethesda Clinic

### SECTION 1

#### Mission, Vision and Values

**Mission:** - To deliver the highest quality healthcare experience for patients

**Vision:** - To be the preferred choice of Doctor's, Staff and Patients, recognised for the provision of high-quality medium acuity surgical services, palliative care and mental health services.

**Values:** Bethesda Health Care is committed to and promotes the following values:

- Teamwork – we create an environment of unity and togetherness
- Respect – we recognise and acknowledge the uniqueness and value of every individual
- Integrity – we demonstrate honesty and trust
- Compassion – we work to express God's love through a caring expression of kindness, tolerance and tenderness
- Excellence – we excel in all that we do so that we can promote the mission of our hospital
- Professionalism – we have pride in the high level of care and service we offer

Staff are expected to demonstrate these values in the way they work and to live the positive behaviours as described in the Bethesda Health Care Code of Conduct and to contribute to and promote the positive working culture of the organisation.

### SECTION 2

#### Position Summary and Role Purpose

Develops and provides art therapy / therapeutic arts services to consumers recovering from mental illness in both the inpatient wards and the Wellness and Recovery Centre at Bethesda Clinic.

### SECTION 3

#### Key Working Relationships

INTERNAL	EXTERNAL
General Manager	Private Psychiatrists
Wellness and Recovery Coordinator	General Practitioners
Inpatient Service Manager	Contracted personnel
Multi-disciplinary Mental Health Team	Suppliers
All staff	

### SECTION 4

**Key tasks, Responsibilities, Outcomes and Activities**

**CLINICAL**

- Assesses, develops, implements and evaluates individual and group art therapy services for overnight and day stay mental health consumers at Bethesda Clinic in both the Wellness and Recovery Centre and the inpatient setting
- Works in collaboration with the consumer to develop goals of art therapy
- Provides therapeutic art interventions for consumers and prepares clinical notes and reports including regular reviews for individual therapeutic plans and discharge planning
- Ensures all records and data are kept and collected as indicated by procedure and policy
- Liaises with support services and ongoing care providers as required to ensure continuity of care
- Manages the safe use and maintenance of equipment, art materials and stock inventories
- Participates in multi-disciplinary review, peer supervision and team meetings
- Supervises students and volunteers as required

**EDUCATION, TRAINING AND RESEARCH**

- Participates in developing, performing and evaluating clinical research projects as required
- Provides outreach (art therapy consultation / training as required)
- Builds capacity within the broader workforce to facilitate art groups for consumers who benefit from art work as a strategy to manage distress
- Engages professional development of self on an ongoing manner
- Maintains contemporary knowledge of community art and art therapy programs
- Undertakes other duties as required
- Supports the development of policies, guidelines and safe operating procedures within the Clinic

**SECTION 5**

**Health, Safety and the Environment**

- Adhere to policies, procedures and standard operating procedures
- Report incidents, hazards and injuries
- Use personal protective equipment as required and directed
- Raise OSH issues with OSH representative/s
- Promote a safe work environment by assessing the work environment and not misusing or bypassing systems of equipment

**SECTION 6**

**Quality and Risk**

- Record initiatives and issues in Risk Management system - Onevault
- Abide by Bethesda Health Care's Code of Conduct, Occupational Health and Safety legislation, Equal Opportunity Act
- Complete mandatory training and participate in development reviews
- Supports the delivery of safe patient care and the consumers' experience including participation in continuous quality improvement activities in accordance with the requirements of the National Safety and Quality Health Service Standards 2<sup>nd</sup> Edition, National Standards for Mental Health 2010 and other recognised health standards

## SECTION 7

### Partnering with the Consumer

- Works collaboratively with consumers to achieve best possible outcomes within their individual recovery journey

## SECTION 8

### Selection Criteria

Qualifications
<p><b>Essential</b></p> <ul style="list-style-type: none"> <li>▪ Eligibility for registration with the Australian and New Zealand National Art Therapy Associate as an Art Therapist</li> </ul> <p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>▪ Post graduate qualifications in Art Therapy</li> </ul>
Knowledge and Skills
<p><b>Essential</b></p> <ul style="list-style-type: none"> <li>▪ Strong to desire to work collaboratively with consumers as a partner in their recovery</li> <li>▪ Demonstrated effective interpersonal, negotiation and conflict resolution skills.</li> <li>▪ Demonstrated well developed written and verbal communication skills.</li> <li>▪ Demonstrated ability to work effectively within a team context</li> <li>▪ Demonstrated effective organisational and time management skills</li> <li>▪ Computer literacy with Microsoft software applications and health information technology systems</li> <li>▪ Current C or CA class drivers' licence</li> </ul> <p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>▪ Knowledge of National Standards for Mental Health Service (NSMHS 2010) and National Safety Quality and Health Service Standards (2<sup>nd</sup> edition)</li> </ul>
Experience
<p><b>Essential</b></p> <ul style="list-style-type: none"> <li>▪ Demonstrated experience in planning, implementing and evaluation Art Therapy interventions and programs</li> <li>▪ Contemporary experience in an inpatient mental health setting.</li> <li>▪ Assessing and managing clinical risk as part of overall mental health assessment and management in collaboration with the multi-disciplinary team.</li> </ul> <p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>▪ Contemporary experience working within a mental health setting.</li> <li>▪ Experience facilitating and co-facilitating therapeutic groups.</li> </ul>



**SECTION 9**  
**Acceptance of Position Description**

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Employee

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Date

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Manager

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Date