

**Media  
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## **Bethesda Appoints Two New Medical Directors for the Bethesda Clinic Cockburn**

Bethesda Health Care has appointed two prominent Perth psychiatrists as new medical directors to guide the establishment of its new mental health service, Bethesda Clinic Cockburn, through its next phase of development.

Bethesda Health Care CEO, Dr Neale Fong, said “the appointment of Dr Dharjinder Rooprai and Dr Taj Singh as medical directors is an important and welcome milestone in the planning and establishment of the new mental health facility.”

Bethesda announced in February 2020 the plan to build the first private mental health hospital and service south of the river, featuring 45 overnight beds, a mental health Wellness and Recovery Centre, a state of the art Neurostimulation Unit with ECT and TMS services and specialist consulting suites. Construction is due to commence at the beginning of 2021 with completion by July 2022.

Dr Dharjinder Rooprai, a consultant psychiatrist for over 10 years with extensive Australian and UK leadership and management experience in developing and managing mental health services, has been appointed as the Director of Medical Services. Dr Rooprai has extensive experience in commissioning, development and delivery of specialist inpatient and outpatient services in forensic psychiatry particularly for people with autism spectrum disorders and intellectual disabilities. He was previously responsible for medical leadership for in-reach psychiatric services across 20 prisons in the UK. He has a keen interest in teaching, has edited textbook in Forensic psychiatry and his current research interests include the use of Artificial Intelligence and Machine learning for risk prediction in individuals with mental health problems; and wearable devices for remote monitoring in mental health.

Dr Rooprai is passionate about new and innovative integrative holistic models of care in mental health, outcome-based services, neurostimulation and digital solutions in health. With a strong base in medical leadership and clinical governance he brings a wealth of experience to the strategic planning and use of innovative technology at Bethesda Clinic for a unique consumer experience. Dr Rooprai will continue in his role as the Head of Psychiatry at Armadale Mental Health Service as he takes on this new part-time position with Bethesda.

Dr Taj Singh is a consultant psychiatrist with over 15 years of experience in public and private hospitals across WA. He has been appointed as the Director of Partnerships of the newly forming Bethesda Clinic Network. Dr Singh is a locally trained psychiatrist and the founder of Murdoch Psychiatry, a private psychiatric facility in the southern suburbs.

Dr Singh is a great advocate of mental health within a holistic health model, emphasising the involvement of GPs and primary care providers in a patient’s care plan. He has worked closely with the Veteran population, the Insurance Commission of WA, and has a well-established telepsychiatry facility to cater for country patients. Dr Singh will continue in his role as Director of Murdoch Psychiatry as he takes on this new part-time position at the Bethesda Clinic.

“Our focus for service at the Bethesda Clinic is to provide innovative and consumer-centered care, and the appointment of Dharjinder and Taj to the director positions will strongly support the development of our exciting consumer care model.”

Bethesda Clinic Cockburn is scheduled to admit patients from July 2022.

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