



MEDIA RELEASE
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R U OK? Day at Bethesda Hospital.

Bethesda Hospital in Claremont is promoting R U OK? Day amongst their staff and visitors to the hospital today as part of National R U OK? Day.

R U OK? at Work is an initiative of R U OK? that aims to empower and encourage all Australians to ask 'are you ok?' and respond sensitively and appropriately if someone says 'no'.

Today the hospital is reminding all staff that conversations can change lives.

Starting these conversations at work will help the hospital to :

- Provide a safe and healthy workplace
- Further promote its Employee Assistance Programme.
- Make a real difference to any staff going through a tough time by knowing that they have the support of their peers

The hospital will be having a static display in the foyer featuring R U OK? materials and will be sending out communication to their staff throughout the day.

To find out more, visit ruokday.com/work

Bethesda is an independent eighty eight bed hospital in Claremont which has been providing outstanding surgical and palliative care and service to the Western Australian community for seventy years.

www.bethesda.asn.au

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